

- Make a good practice space!
 - The space should be clean
 - The space should be quiet
 - The space should have all the things that you need
 - Guitar
 - Footstool
 - Music Stand
 - Chair without arms
 - Pencils
 - Blank paper
- Turn off and silence all distracting electronic devices
 - It is important that your practice time be free of distractions. Concentration, learning, and imagination work much better when one is free of distractions.
- Keep a practice diary
 - Write down how long you practiced
 - Write down what you practiced
 - Write down questions when you have them
 - Write down your music/guitar goals and your plans to achieve them
 - Continue to write for a few months and occasionally review your old entries
 - Doing all of this will help you build upon your knowledge (instead of forgetting what you have already learned)
- Parents can help
 - Parents know things that kids have not yet learned/mastered, which will help!
 - Parents know how to problem solve
 - Parents know how to achieve long-term goals
 - Use this experience to help guide your children
 - Parents who listen and take good notes during class can help their children at home
 - Parents who practice guitar at home inspire their children!
 - Compliment kids on their “good effort”!
 - Do not expect your kids to have “natural born” skills or abilities. Learning music takes time and effort. Having these expectations only makes it harder for your kids to take risks, which is necessary for their growth and development.
- Persist – do not give up!
 - Learning music is an important fundamental school
 - Music has been proven to help kids learn and grow
 - Music helps kids develop social and emotional skills
 - The whole brain works when learning music
 - Music helps kids learn about making plans and achieving their goals
 - Learning takes time
 - It takes hundreds of hours to learn basic skills in music; thousands of hours to learn more intermediate skills; and 10,000 hours of deep practice to master a skill in music, such as playing guitar. The good news is that you are still young!
 - Do not rush yourself, but do not be complacent either
- Have Fun!
 - Learning music is fun, especially when you are getting better at it every day. Keep up the good effort!